

**KAMLOOPS OUTDOOR CLUB**  
250 Lansdowne St., Kamloops, BC, V2C 1X7  
<http://www.kamloopsoutdoorclub.ca/>

**EXECUTIVE 2024-2025**

President	Cindy Kozak-Campbell	250-320-1523
Vice President	Bev Haskins	250-302-9282
Past President	Brenda Sherwood	250-572-1156
Secretary	Ina Gory	1-250-457-7074
Treasurer	Roland Neave	250-374-2351
Program	Wesley Cole	250-374-0142
Cabin Custodians	Andy Wilson	250-640-2581
	Audrey Mercer	250-374-8383
Communications	Norm Walker	250-374-0142
Mt. Morrisey	Bev Haskins	250-302-9282
Membership	Mary Barquest	250-374-8182
Director at large	Beth Hunter	250-612-2814
	Sheila Powell	250-580-8107

**Note: Midweek outings on Monday, Tuesday and Thursday are listed in the calendar each month on our website.**

## **Program for October 2024 – January 2025**

### **Announcements**

#### **Discounts (by showing your current KOC membership card)**

- Atmosphere: 10% on regular priced merchandise in the store, excluding Arcteryx, Fitbit, Garmin, GoPro, Osprey, Yeti and Canada Goose. No discounts on sale items.
- Redwing : 10% on outdoor footwear and accessories(inoles, socks and care products)
- Runner’s Sole : 10% on regular priced items.
- True Outdoors : 10% on any regular priced clothing. Boots and other items are matched to MEC prices.
- Spoke’n Motion: 15% on soft goods (clothing)

**Car-pooling** –If you do carpool please be prepared to contribute your fair share in driving costs to KOC outings.

### **ADVANCE ANNOUNCEMENTS**

If you have any advanced announcements for the winter or summer such as backpacks, car camps, etc. please send them to Wes Cole ([wcole255@gmail.com](mailto:wcole255@gmail.com) - 250-374-0142)

### **ANNOUNCEMENTS**

#### **Biking October and November**

During October and November someone will be coordinating Tuesday bikes as long as weather permits. This will be announced on the KOC e-mail list ([kocmail@googlegroups.com](mailto:kocmail@googlegroups.com)).

#### **Saturday Ad Hoc Snowshoes**

During the winter, the KOC has snowshoe “Tuesdays” announced on the KOC google group email coordinated by Norm. In addition, Norm will try to organize some Saturday snowshoes for KOC members who prefer to

snowshoe rather than Ski on the weekends. These additional Saturday snowshoes will be announced on the KOC google group email.

**Lower Level Hikes, Skis, and Snowshoes – 1\* to 2\*\***

Helen will be offering some lower level hikes, skis, and snowshoes via email during the fall and winter season.

**NEW SCHEDULE**

Please see the Kamloops Outdoor Club Online Calendar for a list of activities:

[KOC Online Calendar](#)

**Monday Activity Coordinators**

October	Hikes	Sue
November	Hikes/Snowshoes	Sue
December	Hikes/Snowshoes	Sue
January	Hikes/Snowshoes	Sue

**Tuesday Activity Coordinators**

October	Bikes	Helen
November	Bikes/Snowshoes	Helen/Norm
December	Snowshoes	Norm
January	Snowshoes	Norm

**Thursday Activity Coordinators**

October	Hikes	Cindy
November	Hikes/Skis	Bev
December	Skis	Helen
January	Skis	Bev
February	Skis	Lynne