

KAMLOOPS OUTDOOR CLUB
P.O.Box 526, Stn. Main, Kamloops, B.C., V2C 5L2
<http://www.kamloopsoutdoorclub.ca/>

EXECUTIVE 2021-2022

President	Cindy Kozak-Campbell	320-1523
Vice President	TBA	
Past President	Doug Dowell	819-7575
Secretary	Ina Gory	250-453-9062
Treasurer	Roland Neave	374-2351
Program	Wesley Cole	374-0142
Cabin Custodians	Robert Kelly	579-0193
	Beth Hunter	374-2696
	Bev Haskins	302-9282
Communications	Norm Walker	374-0142
Mt. Morrisey	John Morris	376-3009
Membership	Mary Barquest	374-8182
Director at large	Arlene McClintock	682-4032
	Andy Wilson	374-2696

Note: Midweek outings on Monday, Tuesday and Thursdays are listed in the calendar each month on our website.

Program for October 2021 – January 2022

Announcements

Discounts (by showing your current KOC membership card)

- Atmosphere: 10% on regular priced merchandise in the store, excluding Arcteryx, Fitbit, Garmin, GoPro, Osprey, Yeti and Canada Goose. No discounts on sale items.
- Big Boot Inn/Redwing : 10% on outdoor footwear and accessories(inoles, socks and care products)
- Runner's Sole : 10% on regular priced items.
- True Outdoors : 15% on any regular priced clothing. Boots and other items are matched to MEC prices.
- Spoke'n Motion: 15% on soft goods (clothing) and 10% on hard goods (skis, boots, etc.)

FRS radios – owned by the KOC - are available for trip leaders. Contact: Helen Parkyn at 372-7360.

Car-pooling – See Covid-19 Protocols below. If you do carpool please be prepared to contribute your fair share in driving costs to KOC outings.

Resumption of activities under COVID-19

COVID-19 Protocols as of June 22, 2021:

1. All KOC activities for 2021 will conform to provincial physical distancing guidelines at all times (i.e. 2 meters apart). Names of all activity participants will be kept for 2 weeks from the date of activity by the activity leaders.
2. Activities will be advertised on the KOC email list and website. Those wishing to participate must contact the leader by 6pm the night before the activity. Registration to be on a first come first served basis for members.
3. Activity leaders are encouraged to pick activities at non-prime times and at locations with few people at the trailhead and on the trails (hikers, walkers, dog walkers, mountain bikers, etc.). Busy single track trails should be avoided.

4. Carpooling is at the discretion of participants.
5. No sharing of food or equipment is allowed.
6. Guests are permitted on outings. In addition to signing a waiver, guests must sign a copy of the Covid-19 protocols. If demand exceeds available space, members have priority until 6 pm of the evening before the activity.
7. Leaders will do a COVID health check in with all participants. Anyone who is not well will not be able to take part in KOC events for the safety of everyone.
8. Non-compliance of safety requirements will not be accepted.

ADVANCE ANNOUNCEMENTS

Mt. Assiniboine: A return to our favorite lodge is planned for March 16 to 20, 2022. A group of four has already booked a cabin. If you would like to come, please contact me ASAP if you are interested and I will contact the lodge to see if more space is available. Helen 250-372-7360

The Birchleg is a fun ski event in early February re-enacting a cross country ski trip made by two Viking warriors in the 13th Century. King Haakon of Norway was murdered in 1204 during a time of civil war. The King's infant son was in immediate peril of the same fate. Two Viking warriors loyal to their dead king and his heir took the baby to safety in Trondheim. Their flight was in midwinter, skiing 55 kilometres across the mountains. Holding the child secure behind a shield, these warriors were armed with a battle-axe and spears. young Haakon Haakonson grew to adulthood in safety, returning to Norway to claim his father's throne. Zelda Copley 672-1888 will forward information on dates and registration when they become available.

<http://wellsgrayoutdoorsclub.ca/the-birchleg-ski-event/>

ANNOUNCEMENTS

During the winter, the KOC has snowshoe "Tuesdays" announced on the KOC google group email coordinated by Norm. In addition, Norm will try to organize some Saturday snowshoes for KOC members who prefer to snowshoe rather than Ski on the weekends. These additional Saturday snowshoes will be announced on the KOC google group email.

NEW SCHEDULE

Saturday October 2 Mount Morrisey Work Party

With winter approaching it is now time to revitalize certain trails for better skiing. Please come out and contribute a few hours to help brush and clear those sections in need of work. The more people who show up the faster the job gets done and additional trail work in the fall will not be needed.

For more information

Contact John M. 376-3009

Sunday October 3 Somerville Lake

2**

Contact Helen 372-7360

Monday October 4 Gibraltar Rock (Paul Lake)

1*

Contact Sue Cane 778-257-2947

Thursday October 7 Strawberry Hill

Hike Strawberry Hill above Raleigh with Zelda and enjoy the fall colours.

2**

Contact Zelda 672-1888

Sunday October 10 Lion's Head Hike

Hike Lion's Head across the South Thompson River from Monte Creek Winery.

2**

Contact Helen 372-7360

Monday October 11 Adams River Hike

Come out, enjoy the fall colours, and maybe fish (no guarantee). Email or Phone if you want to join the hike.
2** Contact Wes 374-0142

Monday October 11 Buse Hill (Barnhartvale)

1* Contact Gail Clark 250-214-1956

Thursday October 14 Paul Lake and Gibraltar Rock

2** Contact Mary Barquest 374-8182

Saturday October 16 Annual Banquet

The Banquet is at the Kamloops Curling Club, 700 Victoria St.
Happy hour is at 5:30 pm, delicious dinner to follow. Cost is \$40 per person, which includes the tip.
There are vegetarian dishes available.

There is a Covid-19 protocol in place, which must be followed.

1. Everyone needs proof of at least one vaccine shot. We will be checking at the door.
2. Masks are required except when you are seated at a table
3. You cannot table hop. Remain seated unless you are going to the buffet, the washroom, or getting a drink.

4. It is buffet, and the servers, who are vaccinated, will be dishing up your dinners. There is an open bar.

There is free parking available next to the curling club. You can access the parking lot from Lansdowne.

OR

You can park on Seymour street free and walk down 1 block.

Your membership cards will be available there.

Roland Neave will present a slide show on his Wells Gray trip "Natural Wonders of Iceland" (about 1 hour)

The deadline for tickets for the banquet is October 12. At that point, we need to let the caterer know how many people will be attending.

The yearly club dues (\$50) are due by October 31, our year end. If you prefer, you can write one cheque for both the dues and the banquet, \$90.

If you pay your \$50 membership dues by mail, please include a stamped, self-addressed envelope, so I can mail your membership card back to you.

Any questions can be directed to either Bev Haskins - haskinsbev@gmail.com or Mary Barquest - mbarquest@yahoo.ca

Sunday October 17 President's Choice Hike

Details announced at the Banquet or via Email

1*-2** Contact Cindy 320-1523

Monday October 18 Upper Flume Trails (Adams River)

1* Contact Sheila Hayes 250-574-0829

Thursday October 21 Long Lake Eskers

2** Contact Cindy 320-1523

Sunday October 24 East Tranquille Hike

Start at the Mara viewpoint trail and finish in the canyon. Hopefully some fall color.

2** Contact Helen 372-7360

Monday October 25 Barnes Lake (Barnhartvale)

1* Mary Boychuk 1-587-341-8940

Thursday October 28 Mt Embleton Spooktacular

Hikers are welcome to wear a Halloween costume and treats will be provided for all who plunge into Heffley Lake after! The plan is to go up the ridge and come down the backway.

2** Contact Andy 374-2696

Sunday October 31 Mystery Hike

2** Contact Helen 372-7360

Sunday November 7 Enderby Cliffs

2**+ Contact Andy 374-2696

Thursday November 11 Remembrance Day Hike

Peregrine Cliffs and Remembrance Canyon. A club tradition to do this hike on Remembrance Day. Observe a minute of silence at 11:00 am.

2** Contact Wes 374-0142

Sunday November 14 Mystery Hike

2** Contact Cindy 320-1523

Tuesday November 16 KOC Year in Review Slide Show Part 1 of 3 at 7:00 pm

Join us on Zoom to review the previous year's activities with commentary.

Join Zoom Meeting

<https://us04web.zoom.us/j/73701439107?pwd=bkp2ZGFyQTRjOTU3dGJPMXRUZz09>

Meeting ID: 737 0143 9107

Passcode: koc123

Sunday November 21 Mystery Snowshoe/Ski/Hike

2** Contact Helen 372-7360

Tuesday November 23 KOC Year in Review Slide Show Part 2 of 3 at 7:00 pm

Join us on Zoom to review the previous year's activities with commentary.

Join Zoom Meeting

<https://us04web.zoom.us/j/73701439107?pwd=bkp2ZGFyQTRjOTU3dGJPMXRUZz09>

Meeting ID: 737 0143 9107

Passcode: koc123

Sunday November 28 All Comers Morrisey Ski

Meet at Halston Esso at 9:30 am for carpooling or meet at Sun Peaks P5 Parking at 10:20 am. Star rating will be determined by who shows up.

?* Contact Wes 374-0142

Tuesday November 30 KOC Year in Review Slide Show Part 1 of 3 at 7:00 pm

Join us on Zoom to review the previous year's activities with commentary.

Join Zoom Meeting

<https://us04web.zoom.us/j/73701439107?pwd=bkp2ZGFyQTRjOTU3dGJPMXRUZz09>

Meeting ID: 737 0143 9107

Passcode: koc123

Monday Activity Coordinators

October	Hikes	Sue
November	Hikes/Snowshoes	Sue
December	Hikes/Snowshoes	Sue
January	Hikes/Snowshoes	Sue

Tuesday Activity Coordinators

October	Bikes	Norm
November	Bikes/Snowshoes	Norm
December	Snowshoes	Norm
January	Snowshoes	Norm

Thursday Activity Coordinators

October	Hikes	Wes
November	Hikes/Skis	Andy
December	Skis	Helen
January	Skis	Lise